

My Blogging RESOLUTIONS

■ ■ ■ ■ ■ ■ ■ 2016

GOAL:



DATE:

GOAL:



DATE:

GOAL:



DATE:

GOAL:



DATE:

think
SMART

Often people set resolutions and don't look at them again after the month of January. One way to make sure that you are actively working towards your goals are by setting S.M.A.R.T goals in the first place. A S.M.A.R.T. resolution is a goal that has the following characteristics:

SPECIFIC

MEASURABLE

ACHIEVABLE

REALISTIC

TIMEBOUND