

MY BLOG *Planner*

MAKE NEW YEAR'S GOALS.
DIG WITHIN,
AND DISCOVER WHAT YOU
WOULD LIKE TO HAVE HAPPEN
IN YOUR LIFE THIS YEAR.
THIS HELPS YOU DO YOUR PART.

IT IS AN AFFIRMATION THAT YOU'RE
INTERESTED IN FULLY LIVING
IN THE YEAR TO COME.

- MELODY BEATTIE

January
2016